Leigh St Peter's CE Primary School



RSE POLICY

Member of Staff Responsible:	Jyoti Warburton
Signed (Chair of Governors'):	Margaret Hughes
Signed (Headteacher):	Kevin Robinson
Date Policy Adopted:	January 2024
Policy Review Date:	January 2025



Leigh St Peter's CE Primary School



RSHE Policy

Our Christian Vision is:

"Let Your LIGHT Shine" Matthew 5:16

Vision & Values:

Our Christian Vision is to provide a happy, safe, and caring high quality learning environment where all members of the school community have the opportunity to flourish; 'living life in all its fullness'. Our Christian Values have been developed in line with everyone who is invested in our school community: its pupils, parents', staff, and governors and we aim to ensure that these Christian Values are at the heart of everything we do at Leigh St Peter's CE Primary School.

1.Aims and Key Principles

Relationships, sex and health education are an important and necessary part of all pupils' education. As a Church of England school we offer a faith sensitive and inclusive approach to RSE. All pupils have a right to an education which enables them to flourish and is set in a learning community where differences of lifestyle and opinion are treated with dignity and respect. An effective RSE education is essential if young people are to make responsible and well-informed decisions about their lives. The aim is to help and support pupils through their physical, emotional, spiritual and moral development, helping them learn to respect themselves and others and move with confidence through their adolescence into adulthood. In addition, all aspects of RSE and Health education fully complies with the relevant requirements of the Equality Act 2010.

2. Pupil Learning Outcomes

We want our children to develop self-awareness, positive self-esteem and confidence, enabling them to:

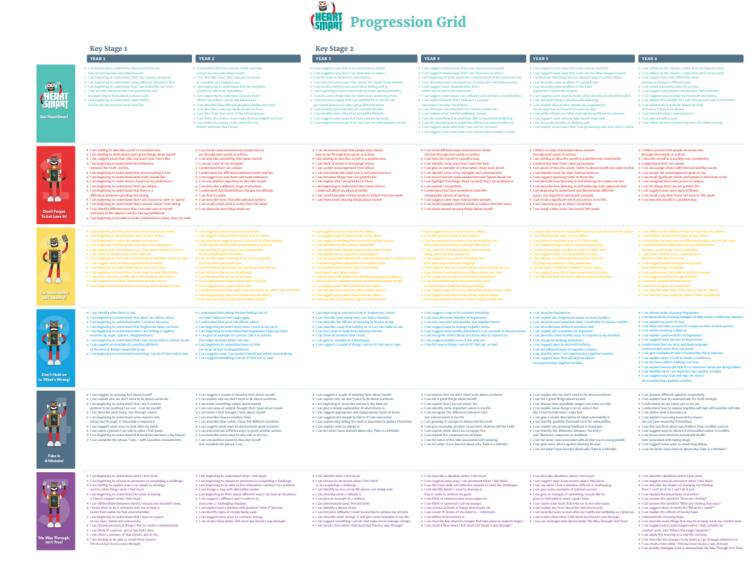
- Be aware of the physical and emotional changes they will experience as they move into adulthood
- Develop an understanding about the way living things reproduce
- Establish an awareness of the importance of stable family life and relationships, including the
 responsibilities of parenthood and marriage Form healthy and positive relationships within family,
 friends and the wider community
- Be able to make reasoned and well informed judgments about moral issues that involve attitudes towards gender, sexuality and relationships. This will enable them to reflect upon their own beliefs, attitudes and values in an attempt to combat social injustice
- Are supported to develop the skills they need to leave school as healthy and well-rounded individuals with a respect and appreciation for their own beliefs and morals as well as those of others.

3. Content and Delivery of RSE

RSE (Including Health Education) will be taught weekly through the Heartsmart Programme. Heartsmart brings together PSHE education, emotional, Spiritual and religious development, as well as encompassing British Values in a comprehensive scheme of learning. Aspects of RSE will be taught within Science lessons also. Heartsmart has been designed as a whole school resource, with all year groups working on the same theme at the same time.

What does Heartsmart mean?

Learning to live well means learning to love well and learning to live loved. You can't love others until you love yourself and it's hard to love yourself until you know you're loved. HEARTSMART is about shifting our perspective from "no one loves me," to "I am loved and I can love me". From that place of self- acceptance we explore how we can make a valuable contribution to others and the world around us. It's about filling up our heart with good things, with building up our inner strength with the steadying truth that we are loved, no matter what. There are five basic principles that help us be smart with our hearts – these are known as the 'High Five'. These will be taught in a sequence starting with the introductory unit 'Get Heartsmart' over the six half weeks



Within these six areas, the RSE expectations for primary schools as set out in the DFE's guidance for schools on relationships education, RSE and health education, are included in all year group's programmes of study. These are: • Families and people who care for me • Caring friendships • Respectful relationships • Online relationships • Being safe In addition to the Heartsmart scheme, there are opportunities for PSHE to occur throughout the year via other areas.

During the year, in Years 5 and 6 HH Kids come in to work with the children, teaching them about puberty and sex education.

Working with Parents and Carers

At Leigh St Peter's we believe that it is important to have the full support of parents, carers and the wider community for RSE and the Heartsmart programme to be successful. Parents and carers will be given the opportunity to find out about Heartsmart and HH Kids by way of coffee morning sessions, parents/carers evenings and via information on the school website. Parents with any concerns are always welcome to discuss them with the RSE manager, Head teacher or the child's class teacher.

<u>Monitoring and Evaluation</u> The RSE subject leader, along with the Senior Leadership team and Governors will monitor delivery of this subject. This will be carried out by way of evaluation based on: Pupil and teacher evaluation of the content and learning process, monitoting of weork completed on Seesaw, and pupil voice.

Withdrawal from RSE Lessons

Parents/carers have the right to withdraw their children from all or part of the Relationships and Sex Education provided at school, except for those parts included in the statutory National Curriculum for Science. Those parents/carers wishing to exercise this right are invited to see the head teacher and/or RSE lead who will explore any concerns and discuss how this will impact on the child. Sensitive and controversial issues are certain to arise in learning from real life experience. Teachers are prepared to handle personal issues arising from the work and will be able to deal with these sensitively to individuals or groups of children. All work covered within the Heartsmart programme, and HH Kids is age appropriate and relevant to children living in today's world.

Safeguarding Leigh St Peter's Primary School is committed to safeguarding and promoting the welfare of children and expects all staff and volunteers to share this commitment. The Safeguarding Children Policy and procedures are available on our website and provide comprehensive information on all these issues.