



Lower KS2 PSHE Scheme of Work

	<u>Year 3</u>	<u>Year 4</u>
<u>Autumn Term</u>	<p>Strengths, aspirations and goals. Rules and laws (including school rules)</p> <p>Anti-bullying week: Groups and communities Similarities and differences between people (including family, cultural, ethnic, racial and religious diversity)</p>	<p>Strengths, aspirations and goals. Rules and laws (including school rules) Anti-bullying week: Responsible use of ICT and mobile phones The impact of the media</p>
<u>Spring Term</u>	<p>Recognising and responding to feelings Conflict management</p>	<p>Managing risks responsibly and keeping safe (including road, cycle, rail, water and fire safety)</p>
<u>Summer Term</u>	<p>Health week What affects physical, mental and emotional health? Making choices for a balanced lifestyle (including food choices)</p>	<p>Health week What affects physical, mental and emotional health? Making choices for a balanced lifestyle (including food choices)</p>

Health and Wellbeing

Relationships

Living in the Wider World