



KS1 PSHE Scheme of Work

	<u>Year 1</u>	<u>Year 2</u>
<u>Autumn Term</u>	<p>Contributing to the class and school (including rules and how they help us)</p> <p>Similarities and differences between people including between boys and girls</p> <p>Likes, dislikes and choices</p> <p>Anti-Bullying</p>	<p>Contributing to the class and school (including rules and how they help us)</p> <p>Anti-Bullying</p> <p>Recognising and dealing with different feelings</p> <p>Strengths and setting goals</p>
<u>Spring Term</u>	<p>People who look after us and how to get help</p> <p>Developing friendships</p> <p>Keeping safe (including safety online, secrets and surprises, road, cycle, rail, water and fire safety)</p>	<p>Growing and changing and increased responsibility</p> <p>Groups and communities</p> <p>Keeping safe (including safety online, secrets and surprises, road, cycle, rail, water and fire safety)</p>
<u>Summer Term</u>	<p>Keeping the body healthy (including physical activity, rest, healthy eating and dental health)</p> <p>Personal hygiene and preventing disease.</p> <p>Safe use of household products</p>	<p>Caring for the environment</p> <p>Keeping the body healthy (including physical activity, rest, healthy eating and dental health)</p> <p>Personal hygiene and preventing disease.</p>